

# ATHLETES - BOAT AND OAR CLEANING PROCEDURES

## Boats

1. Clean and scrub thoroughly with soapy water, including foot stretchers, seats, deck and riggers. Pay close attention to any surfaces actually touched by athletes.
2. Rinse with running water.
3. Dump water out of boat.
4. Spray with disinfectant
5. Turn boat over and clean and scrub bottom of boat.
6. If putting back on rack
  - a. Carry to rack then spray bottom with disinfectant
  - b. **Advise coach that boat has been sanitized.**
  - c. Spray stretchers
7. If leaving on stretchers
  - a. Spray with disinfectant (including stretchers)
  - b. **Advise coach that boat has been sanitized.**

## Oars

1. Scrub with soapy water
2. Rinse with running water
3. Spray with sanitizer
4. Place parallel to boathouse at the top of your box

## Before leaving

1. Wash exterior of cleaning bucket
2. Empty wash bucket and squeeze out cloth/sponge
3. Place just inside boat bay 1
4. Spray bucket with disinfectant
5. Put brushes, disinfectant, etc. in bucket.

The disinfectant we are using is Simple Green Pro 3 Plus.

<https://simplegreen.com/products/d-pro-3-plus/>

MSDS Sheet: [https://cdn.simplegreen.com/downloads/SDS\\_CA\\_SimpleGreendPro3Plus.pdf](https://cdn.simplegreen.com/downloads/SDS_CA_SimpleGreendPro3Plus.pdf)